

# Effect of Maternal Fever on Fetal Behavior Assessed by KANET Test

Amira Talic, Asim Kurjak, Ulrich Honemeyer

## ABSTRACT

Objective of the study was to assess the possible effect of maternal fever without clinical chorioamnionitis on fetal behavior. In a period of 18 months, in a prospective longitudinal cohort study, Kurjak antenatal neurological test (KANET) was applied to assess fetal behavior in both normal pregnancies and pregnancies complicated by maternal fever. According to the primary localization of the infection, maternal fever group was divided into four groups: Respiratory tract infection, urinary tract infection, malaria and gastrointestinal tract infection. According to KANET test, fetuses with scores  $\geq 14$  were considered normal, 6 to 13 borderline and abnormal, if KANET scores were  $\leq 5$ . Differences between groups were examined by Mann-Whitney U-test, differences between subgroups by Steel test. KANET scores differed statistically significant between two main groups. The largest proportion of abnormal KANET scores was found in pregnancies complicated by malaria, while the largest proportion of borderline scores showed fetuses from pregnancies complicated by urinary tract infection. There was no statistical significant difference in KANET scores between the control group and fetuses from pregnancies complicated by respiratory tract infection. KANET test has been shown to be a reliable means to distinguish normal and abnormal fetal behavior. Postnatal follow-up should confirm the data from prenatal assessment of fetal behavior.

**Keywords:** Fetal behavior, KANET scores, Maternal fever.

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## INTRODUCTION

A myriad of evidences implicate strong relationship between maternal infection during pregnancy and adverse neurological outcome, particularly cerebral palsy (CP). There is a strong evidence that maternal infections cause preterm birth and, in premature infants, brain lesions predictive of CP. Fifty percent of cerebral palsy occur in preterm infants.<sup>1</sup> Approximately 25% of preterm births are caused by maternal infection/inflammation.<sup>2,3</sup> Thus, any condition that increases risk of preterm birth is a potential risk factor for CP. There is accumulating evidence that maternal infection not only contributes to preterm labor, but also increases the risk for adverse neurological outcome in infants born at term.<sup>4</sup> Grether et al reported CP in 37% children born at term exposed to maternal infection vs 3% control children.<sup>5</sup> Neufeld et al reported two-fold increase

in risk of CP in term children born after exposure to maternal infection.<sup>6</sup> Wu et al found that clinical chorioamnionitis four-fold increases risk of CP.<sup>7</sup> These facts indicate a maternal infection as an independent risk factor for the development of CP in preterm and near term infants.<sup>8</sup> Different underlying pathophysiological mechanisms may be involved in the process by which maternal infection causes CP: By immaturity after preterm birth, by causing overwhelming sepsis in the fetus or newborn, or by causing placental insufficiency and birth asphyxia. Recently, it also was proposed that activation of proinflammatory cytokines and the fetal systemic inflammatory response syndrome may cause fetal white matter injury directly.<sup>9-11</sup>

However, this study was not designed to determine the underlying mechanisms, but to assess a possible role of the maternal fever during the late second- and third-trimester in the development of abnormal fetal behavior.

Prenatal motility or fetal behavior reflects the function of the developing central nervous system.<sup>12-14</sup> Therefore, the assessment of fetal behavior could allow distinction between normal and abnormal fetal behavior patterns which might make possible the early identification of fetal brain dysfunction. Development of the four-dimensional ultrasound techniques (4D US) has enabled an objective demonstration of fetal movements; even the movement of the face has become possible.<sup>15,16</sup> Based on these facts, Kurjak et al standardized normal ranges of fetal movements appropriate for gestational age and created new scoring system for the assessment of the fetal behavior, Kurjak's antenatal neurodevelopmental test (KANET). The test is detailed described elsewhere.<sup>17</sup> Recently, the test has been critically reviewed and modified (Figs 1 to 4).<sup>18</sup>

To estimate the impact of the maternal infection, as an independent factor in fetal behavior, we used KANET test with two goals: To assess fetal behavior in fetuses exposed to maternal fever originating nongenital infection without other symptoms of clinical chorioamnionitis, and to compare their KANET scores with those obtained from low-risk pregnancies.

## METHODS

### Patients

During the period of 18 months, from March 2009 until September 2010, in the prospective longitudinal cohort



Fig. 1: Fetal yawning at 38 weeks



Fig. 4: Independent finger movement at 20 weeks

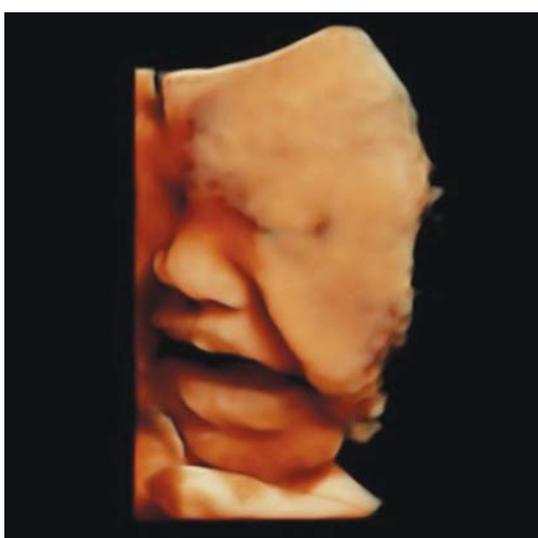


Fig. 2: Grimacing at 37 weeks



Fig. 3: Blinking at 26 weeks

Table 1: Maternal characteristics

Maternal characteristics	Low-risk group (N = 100)	Maternal fever (N = 100)
Maternal age (SD) in years	27.2 (3.7)	28.1 (3.9)
Percentage of nulliparous (N)	28 (28%)	25 (25%)
Mean maternal weight in kg (SD)	67.2 (6.8)	64.6 (5.9)

N: Number of examinees, SD: Standard deviation

study, KANET test was applied in 200 singleton pregnancies between 28th and 38th week of gestation. Gestational age was estimated by the first day of the last menstrual period and confirmed by the first- or early second-trimester ultrasound assessment. All participants have signed informed consent prior the inclusion in the study. Pregnant women were assigned in high- and low-risk group. Maternal characteristics are given in Table 1.

An inclusion criterion for the high-risk group was the presence of the maternal temperature above 38°C measured axillary, and absence of other known risk factors for adverse neurological outcome.

High-risk group consisted of 100 women, subdivided regarding to the underlying etiology of the fever into following subgroups: Urinary infection, respiratory infection, malaria and gastrointestinal tract infection. Respiratory infections included tuberculosis; influenza; influenza with pneumonia; bronchopneumonia; pneumonia, atypical; viral respiratory infections; acute bronchitis; and upper respiratory infections. Urinary tract infection (UTI) included acute cystitis and acute pyelonephritis, while women with known underlying renal pathology, chronic renal disease, renal transplant, diabetes, taking immunosuppression therapy or asymptomatic bacteriuria were excluded. Other exclusion criteria for the high-risk group are given in the Table 2.

**Table 2:** Exclusion criteria for the high-risk group

Maternal conditions	Hypertension, diabetes type I or II, thrombocytopenia
Pregnancy-related disorders	Gestational diabetes, Rh immunization, placental bleeding
Fetal conditions	Morphological abnormalities, intrauterine growth restriction
Obstetrical history	Previous offspring with an adverse neurological outcome, previous preterm birth, repeated miscarriages

Low risk, control group included 100 pregnant women with an uneventful present and past pregnancy course and expected clinical and ultrasound finding.

### Assessment of the Fetus

All patients were evaluated by an experienced operator, using a transabdominal approach. The ultrasound equipment consisted of a MEDISON X8 machines with a 5 MHz transabdominal transducer. After a systematic 2D examination of the fetus with detailed anatomical evaluation and measurement of the fetal growth, placenta, and amniotic fluid volume, the mothers were offered an assessment of fetal behavior by KANET scoring system, using 4D US. The assessments were performed between 10 am and 02 pm, while fetuses were awake. Fetuses from the high-risk group underwent to the second examination 2 weeks after resigning of signs of the maternal fever.

Mothers abstained from food, coffee and tea for 2 hours before the examination. The maximum duration of the examination was 30 minutes. The majority of fetuses exhibited normal activity already within the first 10 to 15 minutes, where upon KANET testing process was terminated. According to the scoring result, fetal behavior was classified into three groups: Normal with total KANET score of 14 to 20, borderline with total score of 6 to 13, and abnormal with total score of  $\leq 5$  (test scores were given according to KANET scoring prior to modification by consensus meeting in Osaka).<sup>17,18</sup>

### Statistical Analysis

Statistical analysis was performed to answer the following questions:

- The distribution of fetuses from low risk and pregnancies complicated by maternal fever assigned to different KANET groups.
- The comparison of KANET scores between the high-risk and control group.
- The comparison of KANET scores fetuses in different subgroups of fetuses within the group complicated by maternal fever with those from low-risk group.

Numerical data were displayed as means and standard

deviations or medians, while frequencies were expressed as percentages. Mann-Whitney U-test was used by application PAST version 2.00 ([http://palaeo-electronica.org/2001\\_1/past/issue1\\_01.htm](http://palaeo-electronica.org/2001_1/past/issue1_01.htm)). For the analysis of KANET scores of subgroups within the pregnancies complicated by maternal fever we used Steel test by application and Kyplot version 4 (<http://www.kyenslab.com/en/>). p-values less than or equal to 0.05 was considered as statistically significant.

### RESULTS

KANET scores from low risk and pregnancies complicated by maternal fever are presented in the Table 3.

After statistical analysis using Mann-Whitney U-test, statistical highly significant difference between two groups of fetuses was found.

After statistical analysis using Steel test, statistical significant differences in KANET scores between following subgroups of fetuses and low-risk group were found: Urinary tract infection ( $p = 0.0025$ ), malaria ( $p = 0.01989$ ), gastrointestinal tract infection ( $p = 0.0409$ ). There was no statistical significant deference in KANET scores between fetuses from low risk and pregnancies complicated by maternal fever. The largest proportion (19.4 %) of borderline scores was found in fetuses exposed to maternal fever caused by urinary tract infection. The largest proportion of abnormal KANET scores (6.6%) showed fetuses of mothers having malaria.

### DISCUSSION

The major finding of this study was that maternal fever was associated with significant changes in fetal behavior when estimated by applying KANET test. The effect of maternal fever on fetal behavior appears to be greater when it is caused by urinary tract infection ( $p = 0.0025$ ), than in fever caused by the gastrointestinal tract infection ( $p = 0.0409$ ), or malaria ( $p = 0.0189$ ). Maternal fever caused by respiratory tract infection in the present study did not affect fetal behavior (statistically significant) (Tables 4 and 5).

An increasing number of evidence supports the concept that fetal inflammation caused by maternal infection contributes to neonatal brain injury.<sup>7</sup> Majority of studies in

**Table 3:** The distribution of normal, borderline and abnormal KANET scores in low risk and pregnancies complicated by maternal fever

Group	N	KANET scores		
		Normal (%)	Borderline (%)	Abnormal (%)
Low risk	100	94 (94%)	4 (4%)	2 (2%)
Maternal fever	100	82 (82%)	14 (14%)	4 (4%)

N: Number of examinees

**Table 4:** Comparison of KANET scores in low risk and pregnancies complicated by maternal fever

Group	N	Mean (range)	SD	Median (Q1-Q3)	p-value
Low risk	100	16.75 (2-20)	2.71	17 (16.25-18)	0.0001
Maternal fever	100	14.01 (3-18)	5.19	15 (13.75-16.75)	

(Mann-Whitney U-test); N: Number of examinees; Q1: The first quartile: 25th percentile; Q3: The third quartile: 75th percentile

**Table 5:** The distribution of KANET scores within subgroups of fetuses from pregnancies complicated by maternal fever

Etiology of the fever	N	KANET scores			p-value
		Normal N (%)	Borderline N (%)	Abnormal N (%)	
RTI	37	31 (83.8)	5 (13.5)	1 (2.7)	0.0782
UTI	26	21 (80.7)	4 (19.04)	1 (3.8)	0.0025
Malaria	15	12 (80)	2 (13.3)	1 (6.6)	0.0189
GITI	22	18 (81.8)	3 (13.6)	1 (4.5)	0.0409
Total	100	82 (82)	14 (14)	4 (4)	

N: Number of examinees; RTI: Respiratory tract infection; UTI: Urinary tract infection; GITI: Gastrointestinal tract infection

this field considers an effect of clinical chorioamnionitis on the risk for the development of cerebral palsy. Wu et al reported a significant association between clinical and histological chorioamnionitis and both cerebral palsy and cystic periventricular leukomalacia in preterm infants. Among term infants, positive correlation was found between clinical chorioamnionitis and cerebral palsy.<sup>7</sup> Stanley et al conclude that congenital infections account for 5 to 10% of the cases of cerebral palsy.<sup>19</sup> It has been accepted that maternal infections cause a significant number of cases of CP based exclusively upon their influence on the rate of prematurity.<sup>20</sup> Nongenital tract infections also increase the risk of premature birth. Romero et al reported a strong correlation between urinary tract infection and preterm birth.<sup>21</sup> Maternal pneumonia and appendicitis are risk factors for preterm birth.<sup>22</sup> Periodontal disease is suspected to be most common maternal infection causing preterm birth.<sup>23</sup>

Grether et al report an association between CP and maternal fever during the labor, caused by clinical chorioamnionitis.<sup>5</sup> Lawrence et al found a strong correlation between maternal fever during labor and adverse neurological outcome regardless of the underlying mechanism. They also suggest that a fever represents a largely independent pathway in the development of the neurological damage.<sup>24</sup>

Respecting the fact that fetal behavior directly reflects developmental and maturational processes in fetal central nervous system, the assessment of fetal behavior in different periods of gestation promises early detection of abnormal brain development and various functional CNS abnormalities.<sup>12</sup> Improvement in technology of 4D US has made possible the observation of plenty of various types of fetal movements.<sup>25,26</sup> This opportunity has aroused a large

interest of the academic community in intriguing area of the functional human brain development. As a result of the longitudinal analysis of normal fetal behavior in all three-trimesters of pregnancy, KANET test represents the reliable tool for the assessment of fetal behavior. Several studies have confirmed the potential of the test to differentiate between normal and abnormal fetal behavior both in structural normal and fetuses with congenital abnormalities.<sup>27-31</sup>

The present study relies on that background. The focus of this study was fetal behavior in condition of current maternal fever, but without other symptoms inherent to the clinical chorioamnionitis. Obtained results are consistent with the available data from the literature. McCallaghan et al found that preterm birth, intrauterine growth restriction, perinatal infection, and multiple pregnancies represent the largest risks for CP. In the study, that encompassed 587 individuals with CP and 1,154 non-cerebral palsy controls, upper respiratory tract during pregnancy were not associated with an increased risk of CP.<sup>32</sup> Polivka et al reported 4 to 5 fold increased risk of having a child with CP in mothers who had a urinary tract infection during pregnancy.<sup>33</sup> Mann et al reported the strong correlation between maternal genitourinary infection and CP in preterm infants. Infection was not associated with CP in infants of normal birth weight.<sup>34</sup> Data from the present study suggests the occurrence of the abnormal fetal brain function during the pregnancy, independent of prematurity. However, the study assessed fetal behavior in pregnancies complicated by urinary tract infection regardless of the microbial agent. Obligatory criteria for the inclusion were the presence of the maternal fever and acuteness of infection. Hence, uneven selection of the including criteria may be a limitation for

the interpretation of results. Further research is needed to assess the relationship between urinary tract infection during pregnancy and CP in offspring.

## CONCLUSION

Maternal fever during pregnancy is considerable common problem. The strong link between chorioamnionitis and preterm birth and subsequent cerebral palsy is well documented. The purpose of this study was to assess possible correlation between maternal fever, without other symptoms of chorioamnionitis; and fetal behavior. We found statistical significant changes in fetal behavior among fetuses exposed to maternal fever. Further analysis showed that primary localization of the primary infection significantly affects the impact of maternal fever on fetal behavior. Considering the importance of neurological disorders in public health due to massive costs for the treatment, and their effect on the individual life quality, early detection and better understanding of their pathophysiology is an immense challenge for the modern obstetrics. Fetal behavior is a window to view the functional status of the fetal brain. Thus, identification of abnormal behavioral pattern offers a hope for the early diagnosis of neurological impairment. KANET test represents a reliable tool for the distinction of fetal behavioral patterns.

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## ABOUT THE AUTHORS

### Amira Talic (Corresponding Author)

Department of Obstetrics and Gynecology, Al Ain Hospital, Al Ain UAE, e-mail: talicamira@hotmail.com

### Asim Kurjak

Professor, Department of Obstetrics and Gynecology, Medical School University of Zagreb, Clinical Hospital 'Sveti Duh', Zagreb  
Dean, Faculty of Health Sciences, Dubrovnik International University Dubrovnik, Croatia

### Ulrich Honemeyer

Specialist, Department of Mother and Child, Welcare Hospital EHL Dubai, UAE